

October '24 Newsletter

Community Resources



Did you know that there are services and resources available to you throughout West Michigan to make life easier, provide education and support, and offer guidance with difficult decisions we face as we age with independence? In this issue, we'll highlight a few of those beneficial services.

MMAP - Michigan Medicare Assistance Program

This is a free service that provide unbiased information on Medicare and Medicaid programs. They don't sell anything. They simply help you understand your options. Call 1-800-803-7174

Michigan Parkinson Foundation

Once of our treasured resources at Leaves Personal Care is the Michigan Parkinson Foundation. We support the foundation through their annual walk, taking place this month at Calvin University! The foundation provides education, support groups and access to exercise programs to help individuals with Parkinson's Disease and their care partners. Call [\(248\) 433-1011](tel:2484331011)

Alzheimer's Association

The association provides many free services to benefit the community. Our owner, Brian Wilson, has been a volunteer educator and has presented twice at the Lodge recently. In addition, there is an 800 number, local support groups, and online support available as well. Go to Alz.org or call (800) 272-3900

Money Management

Senior Neighbors offers a program that specializes in tailored personal budgeting options to help with things like organizing important documents, bill pay options, information on scams, fraud, exploitation, identity theft, and much more! (616) 233-0753

**Did you make it to ArtPrize 2024?
Here are some highlights**

